

Welcome to the December 2025 edition of the Sir Wilfrid Laurier School Board Adult Education, Vocational Training (AEVT) and Business Training Services (BTS) newsletter! Stay in the *loop* with AEVT and BTS!

UPCOMING AEVT START DATES

Start Dates at CDC Pont-Viau
[Click here](#)

Upcoming CDC VIMONT
start dates:

December 1st – New daytime
Basic English session begins

February 2nd - New
Francization session begins

February 3rd – New evening
Basic English session begins

**Study from wherever
you are!**

CDC Vimont and CDC Lachute offer a range of online courses to help you attain your educational objectives. Call us today at 450-688-2933 and book an appointment with one of our counsellors.

UPCOMING EVENTS

February 18th – CDC Vimont
Career Fair

WHAT'S NEW IN AEVT AND BTS?



Exciting News! CDC Pont-Viau is thrilled to announce that the Ministry of Education has granted us the right to offer our **Sustainable Homes in Quebec** training in English! This course is officially recognized as a specialized program for licensed professionals responsible for construction work in the following categories: Construction Techniques – Specialization: Sustainable Development

- 1.1.1 – Contractor for new residential buildings covered by a warranty plan, Class I
- 1.1.2 – Contractor for new residential buildings covered by a warranty plan, Class II

This recognition underscores our commitment to providing high-quality, accessible training that equips industry professionals with the knowledge and skills to build sustainably.

STUDENT-LED INITIATIVES

CDC Lachute students are currently working on an OSEntreprendre initiative called Period Poverty. Their goal is to debunk common menstrual myths and shed light on a critical reality: 25% of girls and women in Canada cannot afford menstrual products. If their grant application is successful, they plan to use the funds to purchase menstrual products for the centre, helping ensure greater accessibility for all.



HEALTH AND WELLNESS IN AEVT! A.C.T. / CISSS GRANT FOR \$10 000.00



CDC Pont-Viau is proud to announce that we have received an additional \$10,000 grant from the CISSS de Laval in conjunction with Adult Collaboration Team (ACT) to create student “Chill Zones”—welcoming spaces designed to support relaxation, social connection, and emotional well-being. With limited physical space and few nearby amenities, these zones will offer students comfortable areas to recharge between classes, including quiet corners, cozy seating, phone-charging stations, and even a foosball table for fun and stress relief. This project was inspired directly by student and teacher feedback, through written and video testimonials highlighting the need for dedicated spaces to unwind, reconnect, and maintain balance throughout the day.

NEW INTERNSHIP OPPORTUNITIES FOR CDC PONT-VIAU STUDENTS!



We are thrilled to announce that the Public Service Commission of Canada has officially added the CDC Pont-Viau to its database for potential internship opportunities! Following a thorough evaluation of our Program Addition Form, we are excited to share that our programs in Accounting, Secretarial Studies, and Information Technology Support now meet the eligibility criteria for the Post-Secondary Co-op/ Internship Program.

This milestone opens the door for our students to gain valuable, hands-on experience with the Government of Canada, helping them build skills, make professional connections, and kick-start their careers.

SUPPORTING MENTAL HEALTH AT CDC VIMONT

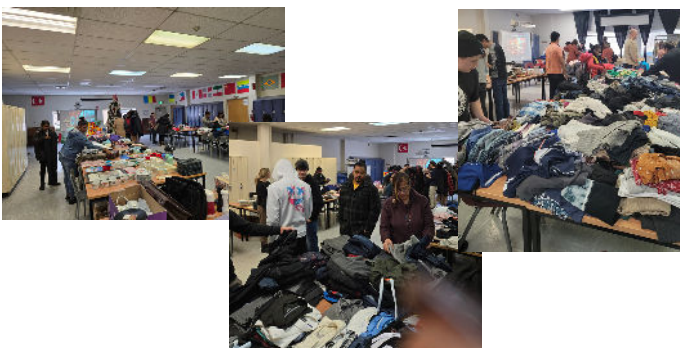


In November, CDC Vimont partnered with Public Health's Prevention & Promotion team to host a Mental Health Resource Day for students. Representatives from Aire Ouverte, Sphère, Le TRIL, The Learning Exchange, AGAPE, and La Brigade de Sensibilisation de Laval were onsite to share the wide range of resources and services available to students and their families in English. This event is one of many initiatives planned throughout the school year to support student mental health and overall well-being.

GIVING BACK TO THE COMMUNITY

CDC Pont-Viau Coat Sale

On November 13th, we collected coats from staff and thanks also to a generous donation from AGAPE, we were able to sell coats for \$10.00, which provided warm outerwear for our students as the cold weather arrives. This event also served as a fundraiser for our student activities.



CDC Vimont Rummage Sale Fundraiser

On December 3, we held our annual Rummage Sale Fundraiser. Thanks to generous staff donations, students were able to purchase much-needed items at reduced prices, helping us raise an impressive \$690! All proceeds will be donated to AGAPE, which in turn supports our school and students.



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CDC LACHUTE 450 562-3721



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CDC VIMONT/LACHUTE



CDC PONT-VIAU



AEVT

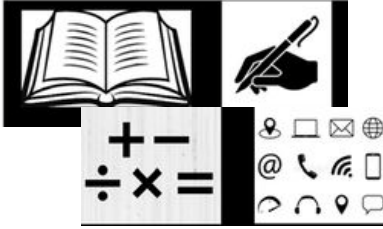
WINTER BRINGS AMAZING OPPORTUNITIES AT BUSINESS TRAINING SERVICES

Business Training Services continues to innovate and launch new training opportunities to meet the needs of companies. While most of our training programs are delivered in French, English sessions can be arranged upon request.



MOBILE – A human, structured, and measurable approach to strengthen team cohesion. Explore our training programs designed to reinforce the four key pillars that unite teams: clarity, communication, connection, and collaboration.

[MOBILE - Parcours pour mobiliser vos équipes](#)



We have just signed an agreement with Services Québec to offer, across our three territories, a fully subsidized training program aimed at strengthening essential skills in literacy (reading, writing), numeracy (calculation, measurement), and digital literacy (technological environment). With access to a diagnostic tool, we can identify workers' skill gaps and implement customized training.

[Rehausser l'autonomie professionnelle](#)



Our Winter training schedule at \$5 per hour is now available across our three regions. This initiative provides accessible, high-quality learning opportunities designed to support employee development and strengthen organizational capabilities. Consult the calendars for details:

[Formations en ligne - 5\\$/h](#)



STUDENT TESTIMONIALS

An international student from Brazil, Andressa arrived in Canada in 2023 to pursue a Vocational Studies Diploma (DEP) in Health, Assistance, and Nursing Care with the Sir Wilfrid Laurier School Board. She received recognition from the Ordre des infirmières et infirmiers auxiliaires du Québec (OIIAQ), as well as the Perseverance Award from the CDC Pont-Viau Vocational Training Centre in Laval, which highlights her remarkable hard work and the inspiring example she sets for others.

Listen to Andressa Reginato, LPN GRAD 2025. [here](#)

Before coming to Adult Education at CDC Lachute, I was at LRHS. High school was not a good fit for me so I stopped going and signed up here because I still want to finish my high school and go to CEGEP. Adult Education has made me like school more, I am not burnt out and I've even been published in a poetry book!
Maika G Gilbert, student at CDC Lachute



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